

Abstract

Nurses take a step back from their mission to care for aggressive clients with borderline personality disorder (BPD) and as a result, the quality of care deteriorates. This literature review helped to determine the following interventions to care for this population: promote client autonomy by integrating clients into the care process; build a therapeutic relationship with clients; explore the interests, values and cultural beliefs of clients, their experience and the pathology of BPD to understand the meaning behind clients' actions; follow specialized courses; nurses self-care; seek support from colleagues; avoid prejudice and stigma; and, cognitive behavioral therapy.

Key words: Borderline personality disorder- nursing interventions - management – aggressive