



TITLE: The Relationship Between Resilience and Burnout Iranian Healthcare Workers During COVID-19 Pandemic-2021

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ABSTRACT

Aim and Background: The peak of the Covid-19 pandemic put additional strain on the treatment system. In this crisis, the resilience of nursing staff is critical. This study investigate the relationship between burnout and resilience in frontline nursing staff in high-risk areas of Iran during the outbreak of Covid-19.

Materials and Methods: The present study is a descriptive survey, and its research population is Iranian nurses. According to the Ministry of Health statistics, the statistical population of this research is equal to 125369 people. In this research, by using a questionnaire, information was collected from 384 people by cluster distribution. The statistical analysis in this study was performed by SPSS and SMART-PLS software. The structural equation model was used to evaluate the validity of the confirmatory factor analysis questionnaire and the research hypotheses.

Results: According to the study, all the collected information is normal. Based on factor analysis, there is an inverse relationship between resilience and burnout, and also, the sense of success has a significant effect on resilience as part of burnout.

Conclusion: In order to increase the resilience of nursing staff in such conditions, it is necessary to pay special attention to the factors affecting their burnout and plan to minimize it. By doing so, it is possible to reduce the feeling of personal failure and, as a result, burnout by developing educational programs and changing the style of service.

BIOGRAPHY

Farzaneh Fouladi is a mathematics and master of business administration graduate, she has completed her Master's degree at the age of 28 years from University of Science and Culture, Iran. She is a Ph.D. Health policy and management perspective student.

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